

mccosmetics[®]

NY

melanopeel

Professional Guide



melanoPEEL

An Exceptional Hyperpigmentation Solution

melanoPEEL by mccosmetics is an effective and safe solution for pigmentation reduction. This topical depigmentation treatment contains ingredients that work to disrupt the production of melanin and reduce the appearance of dark spots. This best-seller treatment also rejuvenates the skin and promotes collagen production, resulting in clear and youthful skin.



What is Hyperpigmentation?

Hyperpigmentation

Hyperpigmentation is caused by excessive melanogenesis. There are several different types of hyperpigmentation, such as sun spots and melasma. Excess melanin can be produced for a variety of reasons, and some of the key causes are:

- Stress
- Pollution
- UV exposure
- Hormonal changes

Synthesis of Melanin

Melanin is synthesised in the melanocyte cells. Tyrosinase is an enzyme that facilitates the reaction required for melanin production.

Tyrosinase is activated via 3 pathways:

- The protein Kinase A
- The protein Kinase C
- The copper ion Cu^{++}



Dramatic Results

What can your clients achieve with melanoPEEL?

The most significant depigmentation results can be seen within the first 4 weeks into the treatment, and continues to work to reduce hyperpigmentation over the next 6-12 months. The continued home care routine keeps the works hard to maintain these fantastic results and supports a more even, bright, and rejuvenated appearance.

Most clients achieve a 95% reduction in dark spots and the continued use of the melanoPEEL cream at home inhibits melanin production and drastically limits any pigmentation from reoccurring. It is important that the client continues to adhere to the home care routine for a minimum of 6-12 months.

Different skin types respond at slightly different rates. Here is a general guide for the different Fitzpatrick Skin Types and what clients can expect to see in the first few weeks following their in-salon treatment and with a consistent home care routine:

Phototypes I-III

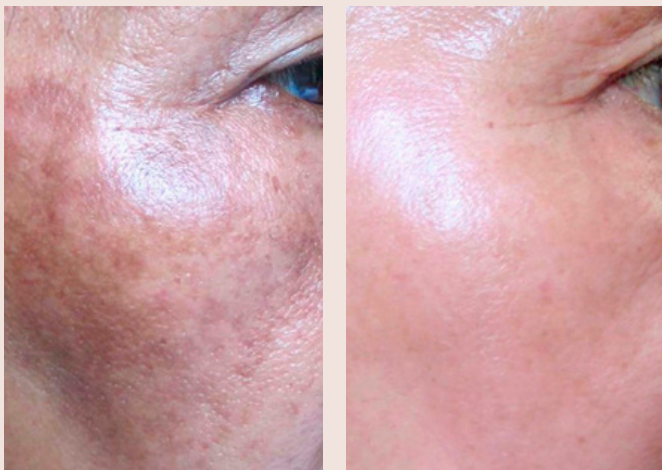
- Dark spots will begin to disappear after 8-21 days.

Phototypes IV-VI

- Dark spots start to disappear after 8-10 days.

Real Results

melanoPEEL has improved the appearance of hyperpigmentation and brought back confidence to clients across the world. See the dramatic results mccosmetics clinics have achieved:



RESULTS 1 MONTH POST-TREATMENT



RESULTS 2 WEEKS POST-TREATMENT

Before Treatment

Before starting the treatment the skin type was analysed.



6 Hours



8 Days



13 Days

Drastic fading of hyperpigmentation.



17 Days



✓ Drastically reduces hyperpigmentation

✓ Brightens the skin

✓ Keratolytic action

✓ Long term results

Contraindications, Precautions & Potential Side Effects

Contraindications

- Salicyte allergy (i.e. aspirin) or other ingredients found in the product
- Continues to have excessive sun exposure
- Active Herpes Simplex, Warts
- History of Keloid scarring
- Has undergone any recent facial surgical procedures
- Used isotretinoin/ Accutane in the last year
- Pregnant or lactating
- Vitiligo
- Autoimmune diseases
- Recent radioactive or chemotherapy treatments
- Broken or sunburned skin
- History of allergies
- Recently waxed or used depilatory creams/products
- Photosensitivity

Precautions

You may decide to delay, adjust, or not treat if the client:

- Has a history of rashes or other skin reactions
- Has excessively dark or abnormally pigmented skin, or red hair with freckled skin
- Is taking certain medications such as; Exogenous oestrogens, oral contraceptives, and photosynthetic medications that may predispose the skin to unwanted pigmentation changes.
- History of atopic dermatitis
- Works outdoors
- Has unrealistic expectations or is uncooperative
- Has severely sun damaged skin showing epidermal changes, elastosis, and collagen distortion in the mid reticular dermis.

Potential Side Effects & Recommendations

A thorough consultation is essential before starting any treatment. You should always use your professional skill, knowledge, and judgement in combination with the information provided here.

As melanoPEEL is an intense peel, clients may experience some skin flaking, redness, and mild sensitivity. Side effects beyond this is unlikely, however clients should always be informed of the potential complications.

Flaking and redness

- More moderate skin flaking and redness is not a cause for concern. This means that the peel has been more intense in the affected area(s).

Excessive redness and sensitivity

- If the skin becomes overly red and sensitive from approximately 2 weeks after the initial treatment, the client may need to reduce the amount and/or regularity of the melanoPEEL Cream being used at home.
- An alternative routine suggestion: Reduce application to only once per day in the evening. If necessary, melanoPEEL Cream application can be reduced to every other day in the evening.
- To support the skin, moisturising cream should be used regularly and a regenerative face mask can be used once per week.

Pigmentation Recurrence

- If the client stops using the melanoPEEL Cream it is possible for the pigmentation to return or appear to darken. If this occurs, the professional should re-establish the home care routine with the client as soon as possible and ensure they understand that the routine must be adhered to until the end of the treatment.
- If the client is experiencing Post Inflammatory Hyperpigmentation it is important to give the body time to recover and the home care routine should be reviewed.

Infection

- There is an extremely small possibility of the client developing an infection.
- Bacterial infections may present as small white spots similar to acne. If this occurs, the client should temporarily stop the home care routine and seek medical advice. Once the infection has cleared up, or if taking antibiotics from day 3, the client can continue their routine.

Inside the melanoPEEL Professional Pack

Degreasing Solution

This solution removes fat and grease from the skin and opens up the skin barrier, allowing better penetration of the melanoPeel products. Degreasing Solution is presented in a 10ml vial and its main components are alcohol and acetone.



Pre-Treatment Solution

The Pre-Treatment Solution is 20% buffered salicylic acid. It is a pre-peel that renews and reduces the pH of the skin to allow for the active ingredients of the melanoPeel Mask to penetrate more effectively. This pre-peel does not need to be removed or neutralised.



melanoPEEL Mask

A clever formula that includes salicylic acid, azelaic acid (15%), kojic acid (10%), phytic acid (2%), ascorbic acid (2%), arbutin (2%), forms the Tyrosinase Inhibitor Complex to deliver the incredible depigmentation results.

Important – high concentrations of salicylic acid can cause hyperpigmentation in those with darker skin types.



melanoPEEL Cream

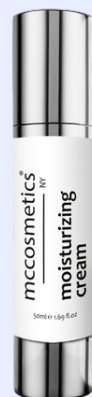
This home-care product contains many of the same products to the MelanoPeel Mask to form the perfect complimentary product to achieve long-term and highly effective results. The concentrations in this cream are much lower than the mask and includes sun protection, making it safe to use at home once properly educated on the correct application.



Moisturising Cream

This powerful hydrating cream fights free radicals, calms the skin, and supports collagen production. Features Vitamin E – an antioxidant that improves circulation and supports tissue regeneration. Hidroviton – a hydrating complex with highly nutritive activity. Amniotic Fluid – has extraordinary moisturising, healing, and tensor properties. Lactic Acid – activates the production of collagen, elastin, and hydrates the skin.

This Moisturising Cream is an important product in the melanoPeel home-care routine and supports the continuation of the depigmentation treatment.





melanoPEEL Protocol

In-Salon Treatment

Step 1 – Cleanse and Degrease

- Cleanse and tone with the mccosmetics Cleansing Milk and Facial Toner.
- Apply one layer of the degreasing solution onto the face with gauze.
- A second layer can be added to more problematic areas.
- Use 1 to 1.5ml of the solution.
- Leave to work for 2-3 minutes. No need to remove.

NOTE: Suggest fanning the client to calm any tingling or burning sensations.

Step 2 – Pre-treatment

- Apply one layer of the pre-treatment solution over the face with gauze. This will reduce the pH of the skin for a more effective deep peeling and treatment action.
- A second layer can be added to specific problem areas.
- Use 1 to 1.5ml on a cotton pad.
- Leave for 1-4 minutes.
- Do not neutralise or stir.

Step 3 – Mask

- After mixing, apply the MelanoPeel Mask with a thick layer brush or spatula over the entire face approximately 2mm thick.
- NOTE: Avoid the eyes, nose, and lips. These areas can be protected with Vaseline.

At-Home Treatment - Day 1

The therapist will inform the client when to remove the melanoPEEL mask. For phototypes I and II the mask is left on the skin for up to 4 hours. Types III and IV for 5 to 8 hours, and V and VI for 8 to 12 hours.

Step 1 - Remove Mask

- At the specified time the client will remove the mask with cold water. Cotton pads and water can be used to remove the first layers if needed.

Step 2 - Protect

- Apply the mccosmetics Moisturising Cream to the face and neck.
- NOTE: Every time the client feels a tingling or light burning sensation, they can apply the moisturising cream. It is recommended to reapply the Moisturising Cream several times a day.
- Apply Total Sun Block 50+ to the face and neck.
- NOTE: MelanoPeel cream will only be applied from the 2nd day.

Clients should be fully informed of the home-care requirements of the melanoPEEL treatment. If the client doesn't follow the home-care plan, they may not achieve the expected results and the pigmentation may return. An in-depth consultation and regular contact with the client is recommended prior to treatment.

At Home Treatment Days 2-30

Morning

- Cleanse and tone with mccosmetics Cleansing Milk and Facial Toner.
- Apply melanoPEEL Cream – one layer all over the face and a second layer on problem areas. Apply gently, dotting small amounts across the face and sliding the cream around until you have a thin layer.
- Apply Total Sun Block 50+

Day

- Apply Moisturising Cream to the face and neck as often as needed.
- Reapply Total Sun Block 50+ regularly throughout the day.

Night

- Cleanse and tone.
- Apply the melanoPEEL Cream.

At-Home Treatment - Day 30+

After the first 30 days the client should continue using the melanoPEEL cream for 6 to 12 months.

Morning

- Cleanse and tone with mccosmetics Cleansing Milk and Facial Toner.
- Apply Moisturising Cream.
- Apply Total Sun Block 50+.

Day

- Reinforce skin protection by reapplying Total Sun Block 50+ regularly throughout the day.
- NOTE: If the client experiences any tingling sensations after the first month, apply the Hyaluronic Serum before Total Sun Block 50+ to soothe the skin.

Night

- Cleanse and tone.
- Apply melanoPEEL Cream.

Client FAQs

When will I see results?

- The first results can be seen after approximately 1 week, with the most dramatic results between 1-3 weeks after the in-salon treatment.

Is there any downtime?

- Yes, there will be some flaking and sensitivity for the first 7-21 days.
- Makeup can be worn 4 days after the in-salon treatment.

What types of dark spots can melanoPEEL treat?

- melanoPEEL is an effective treatment for any spots of melanic origin, such as:
- Sun spots
- Melasma
- Freckles
- Inflammatory Hyperpigmentation

Can I use other depigmentation treatments at the same time as melanoPEEL?

- No, it is not recommended to combine melanoPEEL with other depigmentation treatments.

What happens if I stop my home care routine early?

- Results will likely be more limited if the melanoPEEL cream is not used.
- If sun protection is not used, the client may be at risk of more intense damage as the skin is peeling.
- Not using sun protection could also result in the hyperpigmentation returning, as well as increased skin sensitivity.

How effective is melanoPEEL at removing dark spots?

- When the proper protocol and home care routine is followed, most clients experience a 95% reduction in the appearance of their hyperpigmentation.

How long does the initial mask stay on for?

- The mask can remain on the skin from between 4 and 12 hours.
- The professional will assess the skin and provide the client with an appropriate time to remove the mask.
- The client should leave the salon with the melanoPEEL mask still on and follow the removal and post-care instructions provided by the professional.

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Chemical Peel Consultation Form

Full Name:		D.O.B	
Address			
Telephone No:		Email address:	
Name & Address of GP:			
How did you hear about us?			

Medical History - Have you suffered from or taking medication for the following? Please tick as appropriate and provide details. If necessary, continue on a separate sheet.

	Yes	No	If yes, please give details (inc dates)
Heart conditions and/or blood pressure (high or low)			
Diabetes			
Allergies (In particular metals ,anaesthetics or aspirin)			
Epilepsy			
Cancer			
Infectious diseases			
Do you have any health issues, Recent or planned operations			
Medication/Natural remedies used presently:			
Blood thinning medication			
Cortisone/Anti-inflammatory			
Anti-depressants			
Antibiotics			
Prescribed hormones			
Other			

Hormonal Status

	Yes	No	If yes, please give details (inc dates)
Are you or could you be pregnant			
Menopause symptoms			

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Skin Care

	Yes	No	
Are you currently using AHA or skin lightening products?			
Have you had any Botox or injectable filler treatments			
Have you had any Laser treatments in the last 6 months			
How does your skin respond to sun exposure? Usually Burns Sometimes Burns Rarely Burns Never Burns			
Have you had any sun exposure (sun or sun bed) in the last 7 days?			
Have you previously had chemical peeling? If so what type and % What was the outcome			

I understand and acknowledge that should I knowingly make a false statement regarding my medical history, I understand I will have no right of recourse.

Signed:		Date:	
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Therapist 's signature:		Date:	
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Client Consent

	Client Confirmation
The Client understands that there may be some slight discomfort from the mccosmetics chemical peel treatment: i.e. stinging sensation, heat sensations, itching.	
The Client understands that it is normal for the treated area to appear red, with slight swelling similar to mild sunburn for up to 7 days following treatment.	
The Client understands that there may be temporarily, flaking of the skin following treatment.	
The Client understands that all the aftercare must be followed as advised by the practitioner. The treated area must be treated with great care. Picking or poor hygiene may result in scarring.	
The Client understands that sun exposure, including sunbeds should be avoided. A sun block of factor 50 should be applied daily to the treated area. There is a risk of hyperpigmentation occurring if this advice is not followed.	
The Client understands that in order to achieve optimum results, several treatments may need to be performed and skincare products must be used in conjunction with the treatment, both during the treatment and at home.	
The Client confirms that they have informed the clinic of all their medical details relevant to this treatment and will update these throughout the course of treatments should any details change.	

The Client confirms that they have understood all of the information given regarding this treatment during the consultation and that any questions they have had have been answered satisfactorily. The Client acknowledges that they have read and fully understood this document before signing. The Client irrevocably agrees that for each and every treatment they shall be deemed to have acknowledged the above paragraphs. The Client agrees to have the treatment outlined above and will follow all prescribed directions regarding post procedure care and home care.

Print Name:			
Signed:		Date:	

Therapist's Signature:		Date:	
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Treatment Record Plan (to be completed by therapist)

Treatment Record

[illegible]



Aftercare Advice:

- Avoid direct sunlight for 48 hours
- Use broad spectrum physical sunscreen daily with a minimum of SPF50
- Don't wax for 72 hours
- Avoid highly active ingredients, use only the products recommended by your practitioner
- Use a gentle cleanser pat skin dry/do not rub
- Use hydrating moisturizer during recovery
- No picking off any dead or peeling skin as this may cause bleeding and discoloration, or even mild scarring
- In rare cases, clients may experience an infection in the skin or an out-break of cold sores. This normally only occurs in patients who have a history of such complaints. (Anti- viral medication may be recommended if such complications occur
- Avoid aerobic exercise and vigorous physical exercise for 48 hours after your chemical peel
- The skin will begin to peel in the 24 to 48 hours following treatment and continue for 5 - 6 day period
- Skin may itch during this healing phase